

CERTIFICATE

OF PARTICIPATION

This is to certify that

Brendan McBirnie

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:23:23

PACE 10:24/km

OVERALL 72 of 166

GENDER 46 of 78

OPEN 27 of 40

23 June 2019, Sun

Date



BowlTime

Signature